

10 Benefits of Having Good Mentors

The greatest benefits to be gained from any mentoring relationship come from how the mentee uses what their mentor can provide them. Here are 10 specific benefits of working with good mentors:

1. **Knowledge and contacts** – An often unique benefit that can only be gained from a good mentor is a combination of detailed industry knowledge and personal introductions to the mentor's contacts, which have often taken the mentor many years to establish, and which might not otherwise be readily available to you.
2. **Business and life skills** – As a mentee, you can also learn valuable business and life skills from your mentor, including best business practices, appropriate behaviours and protocols.
3. **Insight** – A good mentor can also arrange experiences, such as participation in meetings, events or work experience, which will enable you to get insight into an organisation's culture and systems, or how a specific role is performed in that organisation.
4. **Perspective and vision** – Discussions with your mentor will stretch your thinking by providing you with another perspective to your own, as well as the benefit of your mentor's vision, which comes from their wider experience.
5. **Reduced feelings of isolation** – Working with a mentor also often creates a sense of peer partnership that might not otherwise be available to you within your organisation because you're the boss, be it the CEO or the owner of your own business.
6. **Wisdom and learning from past experiences** – As a mentee, you can also benefit greatly from hearing the lessons that your mentor has learned along the way through their past experiences - both their successes and failures.
7. **Improved performance** – A good mentor will provide you with valuable feedback or make suggestions that will enable you to improve your skills or to experience personal growth, ultimately leading to your improved performance.
8. **Talent development** – Where a mentor is an expert in a particular field, they'll often be able to spot your unique talents and make suggestions about to how you can further develop and make the most of your talents and gifts.
9. **A sounding board** – Having a good mentor will also enable you to test your ideas and discuss your points of view with an interested listener in a safe and confidential environment.
10. **Learn how to be a good mentor** – The experience of working with a good mentor will also serve as a training ground to enable you to develop good mentoring behaviours and become a good mentor for others.

For more business and life coaching tips to help you achieve your goals and create and live the life you've always wanted, visit www.blueskycoaching.com.au. To find out more about how you can work with me personally, call me on 0411 471 941 or (08) 8272 4809 or e-mail tania@blueskycoaching.com.au.



T +61 8272 4809
M 0411 471 941 E tania@blueskycoaching.com.au

 blueskycoaching.com.au